

Proper Take-away

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Set your wrists early and hold them strong. A **Slow, Smooth** take-away is the key!

Keeping the backswing slow is the key to keeping the body in the proper positions.

Swing Cue: Set the wrists toe of club to sky

Swinging the handle of the club for the first 12" gets you started toward setting the proper position of the club.

First be sure the clubhead is starting back along the target line for the first 12" before starting your wrist hinge. Be sure that the clubface stays square to lower body. Secondly you will then set your wrist hinge so that at the finish of the swing at hip height the toe of the club points to the sky. Key is to keep the club motion moving as smooth as possible to keep proper form and avoid any pulling motion on the body. If the club moves out of position on the take-away inside or outside the swing then becomes a series of compensations.



Keeping on the swing plane,

Once you initiate the swing and get into the hinge position you want to make sure that the wrists stay strong and set to the same angle throughout the swing plane. Do not over extend at the top of the swing (keep your swing compact) to avoid breaking the wrists at the top.

Initiate hips to start the through swing and compress the ball at impact

Feel the trailing elbow stay tight to the body as the downswing is initiated with the hips. This will ensure that the proper amount of lag is created and the power is kept going through the ball at impact. At impact the hips are driving toward the target and the hands are slightly ahead of the ball keeping the left wrist flat to avoid hinging the wrist. Keep the arms in a strong V formation pointing to your target line.



The Golfers Academy
905-335-9591

www.thegolfersacademy.com