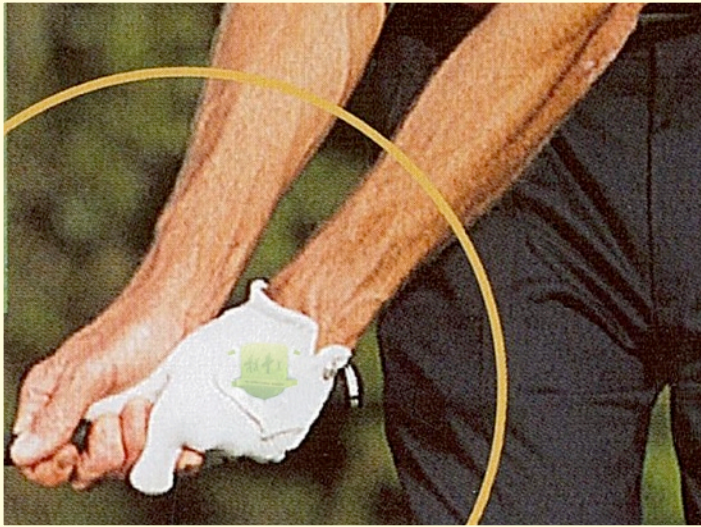


Chipping

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THE GOLFERS ACADEMY

VOLUME 1



Maintain Wrist Angle
While Synchronizing
your arms and Body.

Chipping is a shot played from just off the green that typically rolls further along the ground than it travels in the air.

Get your Wrists, Arms and Body in sync.

Keep the right wrist hinged. Keep Shaft of club tilted toward target. Shift your body weight onto your left side. Place the ball position off right instep

Golfers should understand that chipping is a key to taking strokes off ones game. If your chipping isn't up to par, then here is a few drills to help improve so your not just throwing away strokes.

Maintain the Wrist Angle

Crisp contact comes fro a slightly descending blow. This only happens when the shaft is tilted toward the target at impact. Preset this forward lean at address; with your heels slightly apart, position the ball off your right instep and press your hands slightly ahead of your ball position. Notice that there is a slight

angle created with your right wrist. To ensure crisp contact on the ball and to achieve a descending strike on the ball the key is to keep this angle through the chipping swing.

Synchronize your arms and body throughout the swing

Your hands should be set close to your thighs ensuring the proper swing motion. A key to achieving your swing motion is to keep your weight set on your left side. There is no real turning motion of the body throughout the swing. To get a sense of the proper position during take away your arms will rest slightly on your chest - this promotes that your body is synchronized and the link between body and arms is achieved



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